Severe Weather Presentation featuring Michael Armstrong, News Channel 9 Meteorologist

Join Michael Armstrong at the Family Resource Center on Monday, March 11 at 7pm. He will be talking with residents about weather safety, including tornados/tornado safety and Oklahoma weather in general, and he will answer any questions people have. This event is open to anyone who wants to attend. For more information, see page 3.

Severe Weather Safety Measures for FGSH Residents

Retrieved from OSU Housing & Residential Life Weather Safety Procedures

When a tornado is coming, you have only a short amount of time to make life-or-death decisions. Advanced planning and quick response are the keys to surviving a tornado. It is important that residents understand the difference between a “watch” and a “warning,” as these two terms are frequently used by meteorologists and news media.

In general, a “watch” means that conditions are favorable for a specific type of severe weather (thunderstorms, tornados, ice, snow, etc.) to occur. A “warning” means that severe weather is actually occurring or is imminent in the warning area. The following is a guide for what residents should do in case of severe weather:

• Thunderstorm Watch: Means that conditions are favorable for severe thunderstorms to develop. In cases of a “thunderstorm watch,” residents should review emergency procedures and be prepared should severe weather strike.

• Thunderstorm Warning: Means that a thunderstorm has actually been observed by spotters or indicated on radar and is occurring or imminent in the warning area. Hail, high winds, heavy rains, and/or lightning may be present. Residents should take precautions to protect themselves without delay.

• Tornado Watch: Means that conditions are favorable for tornados to develop. In cases of a “tornado watch,” residents should review emergency procedures and be prepared should severe weather strike.

• Tornado Warning: Means that a tornado has actually been observed by spotters or indicated on radar and is occurring or imminent in the warning area. Residents should take precautions to protect themselves without delay.

Pre-Storm Precautions: Residents should tune radios to local radio stations (KSPI - AM 780, KSPI - FM 93.7, KVRO - FM 105.5, KOSU - FM 91.7) and keep a flashlight handy. Live information will be broadcast at intervals on these stations. Another good source of current weather information including radar images and updated watches/warnings can be obtained from the local/OKC television stations. Local radio, television channels, and websites are much better to watch during severe weather than national ones (i.e., The Weather Channel/http://www.weather.com), as local stations will have watches, warnings, and radar images released immediately. Local TV stations and websites include:

• KWTV 9 (Oklahoma City News Station Channel 9; website: http://www.newsok.com)
• KOCO 5 (Oklahoma City News Station Channel 5; website: http://www.koco.com)
• KFOR 4 (Oklahoma City News Station Channel 4; website: http://www.kfor.com)

Continued on page 3...
Greetings! As we progress further into the spring semester, I want to take time to remind everyone of contract renewals. Please remember that whether you are continuing your education or leaving OSU at the end of May, you must inform the FGSH Office of your future plans for the 2013-2014 academic year. Renewals are done completely online--this means that you will be able to renew your housing contract from any computer with an internet connection.

All secondaries (non-family member roommates) must also complete the renewal process; this will allow secondaries the opportunity to ensure that their information is correct in our system. Renewals for all neighborhoods will occur at the same time; the online contract renewal form will be open to everyone from April 1-12, 2013. We will be sending more information out to you regarding how to complete your online contract renewal as we get closer to the end of March.

For those of you who will not be continuing your education at OSU after May 2013, don’t forget to fill out a ‘Notice to Vacate’ form in the FGSH office and plan to vacate your apartment by no later than May 31, 2013. If you are planning on placing your apartment in summer storage for the summer, you will need to sign a storage agreement contract and renewal. Thank you for choosing to live in Family & Graduate Student Housing. We look forward to having you here next year!

Sarah Wilkey
FRC & FGSH Assistant Director
Continued from page 1...

Tornado Warning Precautions: While tornados can occur throughout the year, tornado season in Oklahoma is generally from March through June. When a tornado warning is issued on television or sounded on the campus tornado sirens, residents/guests should do the following: Upstairs residents should go to a shelter or to an apartment on the lowest floor of their building. Downstairs residents should go to a shelter or remain in their apartment. All residents/guests should watch the weather and go to a shelter prior to the storm’s arrival—it is too risky to try to go to another building once the sirens have sounded.

The following campus buildings have basements: Architecture, ATRC, Bennett Hall, Business, Classroom, Cordell, Engineering North & South, Gallagher-Iba Arena, Human Science, Iba Hall, Edmon Low Library, Life Science East & West, Math Science, McElroy Hall, North Murray, OADDL, Parker Hall, Physical Sciences, Scott Hall, Seretean Performing Arts Center, Small Grains, Stout Hall, Student Health, Student Union, USDA, Vet Med Teaching Hospital, Wellness Center, Wentz Hall, and Willard. Please note that some of these basements are quite small.

In case of storm activity, the OSU Police open some on campus buildings for use as a storm shelter for the general public. These buildings are open to anyone in the community who needs shelter, and they fill up very quickly.

Please check http://safety.okstate.edu/severe-weather for the list of current public storm shelters. If a resident is taking shelter in a downstairs apartment, residents should immediately go to the center-most location in the apartment, avoiding southwest walls, glass, and any rooms with windows. Residents should put as many walls as possible between themselves and the outside, and avoid large, open rooms. If possible, residents should protect themselves with sturdy furniture or a mattress to protect against falling debris and flying objects. The resident should crouch as low as possible on the floor and face the wall with his/her hands over the back of his/her head and neck, tucked into a ball. When possible, it is recommended to cover up under a heavy blanket or mattress.

Severe Weather Presentation with Michael Armstrong

Michael Armstrong began his career in meteorology as a News 9 Storm Tracker in the unforgettable year of 1999. Armstrong was off to quite a start at the station, when he began saving lives during the historic tornado outbreak of May 3, 1999. Since then he has experienced the full spectrum of what Mother Nature has to offer. From blizzards and tropical storms to raging wildfires and tornado outbreaks, Michael has learned that preparation is vital to staying ahead of Oklahoma’s rapidly changing weather.

Armstrong is proud of his contributions to the News 9 weather team over the past 13 years. He has earned numerous awards including a Heartland Emmy and the National Edward R. Murrow Award, the highest honor in broadcast television. The awards were given in recognition of his role in the coverage of the November 7, 2011 and May 24, 2008 Oklahoma Tornado Outbreaks.

Born and raised in Ponca City, Armstrong remembers constantly nagging his family, even while very young, to seek shelter from storms in the basement at his nearby elementary school. Growing up in Oklahoma gave him a deep appreciation for what it means to live in the heart of “tornado alley” and to deal with the most powerful force on earth.

If you are interested in hearing about weather from an expert, join us at the Family Resource Center at 7pm on Monday, March 11 to hear Michael Armstrong, one of the meteorologists at Channel 9. He will be talking with residents about weather safety, including tornados/tornado safety and Oklahoma weather in general, and he will answer any questions people have. He has presented here before and did an excellent job, and we are excited to have him back this year. This event is open to anyone who wants to attend.
#### Neighborhood Gatherings

**2nd Annual FGSH Soccer Tournament**

The soccer tournament will be this month’s neighborhood gathering for each neighborhood.

The following teams will play on March 9:
- **Demaree vs. Williams at 10am**
- **Morrison vs. Prosser at 11am**

The following teams will play on March 30:
- **Brumley vs. West at 10am**
- **Stevens vs. Team 8 at 11am**

All games will be held on the soccer field behind the Family Resource Center.

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## Orange Ride

### Bicycle Rental Program

**Need a bike, but don’t want the hassle of owning one?**

Orange Ride is bike rental program on the Oklahoma State University campus that will allow affordable recreational cycling to students, faculty, staff, and the general public of Stillwater. The program will officially open on March 1, 2013.

**Rent a bike from OSU Parking & Transit Services!**

- Bike lock and routine maintenance included
- Very affordable rates
- Conveniently located
- No need to dispose or abandon the bike, just turn it in

**Rental Rates:** $2/day • $8/week • $30/semester

Want more information? Follow Orange Ride on Facebook, or call 405-744-BIKE.
FGSH News

Apartment Maintenance

The Facilities Management Office (FMO) is the office that handles maintenance issues. If your apartment requires maintenance you should contact the FMO at 744-8510. The FMO is open 8am-5pm. In case of a maintenance emergency after 5pm or on weekends, contact the Physical Plant Action Desk at 744-7154.

The BUS--Campus and Community Transit

The BUS is the campus and community transit service operated by the Department of Parking and Transit Services at OSU. The BUS provides fixed-route transit services throughout Stillwater and the OSU campus. Two routes provide service on the main campus every 7 minutes from 6am to 7pm and every 15 minutes after 7pm. The BUS also provides public transportation in Stillwater to all citizens from 6:30am to 10:30pm Monday through Friday. The BUS fares are as follows:

OSU Students, Faculty, and Staff .................................................................Free with ID
General Public ..................................................................................75 cents ($0.75)
Child Under 5.................................................................Free when accompanied by paying passenger
Child/Young Adult age 5-18; Seniors age 60+ ......................35 cents ($0.35)
Persons with ADA Disability Card & Persons with Medicare Card .......35 cents ($0.35)

Exact fare required; fares are for one-way trips. Return trips require additional payment.

For route information, visit www.transit.okstate.edu.

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Exact fare required; fares are for one-way trips. Return trips require additional payment.

For route information, visit www.transit.okstate.edu.

Shopping Shuttle (free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle’s departure.

Monday & Wednesday Schedule

5:30pm (Pick Up @ Laundry) ..................To Sultan International & Crepe Myrtle Asian Food
6:30pm (Pick Up @ Laundry) ..................To Walmart & Food Pyramid
7pm (Pick Up @ Brumley Office) ...............To Walmart & Food Pyramid
7:10pm (Pick Up @ Walmart/Food Pyramid) ..................................Return to FGSH Apartments
7:30pm (Pick Up @ Laundry) ..................To Walmart & Food Pyramid
7:40pm (Pick Up @ Walmart/Food Pyramid) ..........Return to FGSH Apartments
8:10pm(Pick Up @ Walmart/Food Pyramid) ..........Return to FGSH Apartments
8:40pm (Final Pick Up @ Walmart/Food Pyramid) ..........Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) ..............................To Walmart & Food Pyramid
9:30am (Pick Up @ Brumley Office) ......................To Walmart & Food Pyramid
9:40am (Pick Up @ Walmart/Food Pyramid) ......................Return to FGSH Apartments
10am (Pick Up @ Laundry) ..................To Walmart & Food Pyramid
10:10am & 11am (Pick Up @ Walmart/Food Pyramid) ..........Return to FGSH Apartments
11:40am(Final Pick Up @ Walmart/Food Pyramid) ..........Return to FGSH Apartments

*All times listed above are approximate. Due to varying traffic flow, these times may be delayed.
Youth and Family Programs Schedule Spring 2013

Family Story Hour (ages 0-4) .....................................................Friday, 10 - 11am
Toddler Time (ages 2-3) .................................................. Tuesday & Thursday, 10 - 11:15am
Kindergarten Kids Club (ages 4-5) ...........................................Monday-Friday, 4 - 6pm
After School Adventures (ages 6-11) .....................................Monday-Friday, 4 - 6pm
Teen Club (ages 12-17) .................................................... Tuesdays, 6:30 - 8pm
Cowboys & Cowgirls 4-H Club (ages 9-17) .............................Wednesdays, 4:30 - 6pm
Book Club (ages 9-12) .................................................................Mondays, 5 - 6pm

All programs are currently full, so please send Mumbe an e-mail to place your child on the waiting list.

There will be no Book Club on Monday, March 4th due to a FRC staff meeting.

Bicycle Safety Rodeo

Children of all ages, and their families, are invited to enjoy a fun, informative program sponsored by the OSU Police Department which will be held on Saturday, March 9 at the FRC. The Bicycle Safety program will be held from 2pm to 4pm. This program will provide important information concerning bicycle safety to children and their parents. Children need to bring their bicycles to the event in order to complete the obstacle course and receive a certificate. Due to the nature of the Bicycle Safety program, all children must be accompanied by a parent.

New Family Group Exercise Class

The FRC is partnering with the OSU Colvin Center by providing a space for families to exercise and be healthy together. The group exercise class will be on Saturday, March 16 and March 30 at 2:30pm in the FRC Great Room.

Oklahoma Wondertorium

Have you visited Stillwater’s own Children’s Museum - the Oklahoma Wondertorium? Located at 308 West Franklin Lane, the Wondertorium features various exhibits including Amazing Airways, Water Works, Discovery Diner, My Medical Center and so much more! Admission is $7 per person and infants 12 months old and younger are free. The museum is open Tuesday through Saturday, 1am-5pm and Sunday, 1pm-5pm. For more information, visit their website at http://www.okwondertorium.org/

There will be no Youth & Family Programs from Saturday, March 16, 2013, through Sunday, March 24, 2013, in observance of the OSU Spring Break Holiday. Regular programs will resume on Monday, March 25, 2013.
Community Development

Community Development Programs Schedule for Spring 2013

Beginning Pronunciation Skills with Leslie** ................................................................. Monday, 9:30 – 10:30am
English Conversation with Leslie** ............................................................................. Monday, 10:30 – 11:45am
Basic English with Kadie** ........................................................................................ Monday, 12:30 – 1:30pm
Craft Class with Kadie and Megan** ........................................................................... Monday, 1:30 – 2:30pm
Intermediate English with Megan ................................................................................ Monday, 2:30 – 3:30pm
Pronunciation Skills with Leslie .................................................................................. Monday, 8 – 9pm
Professional Development with Alejandro ................................................................. Tuesday, 9:30 – 10:30am
Basic Spanish with Alejandro** .................................................................................. Tuesday, 10:30 – 11:30am
Current Events with Alejandro** ................................................................................ Tuesday, 1:30 – 2:30pm
American Idioms and Phrasal Verbs with Megan & Leslie ....................................... Tuesday, 8 – 9pm
American Idioms & Phrasal Verbs with Megan & Leslie** ........................................ Wednesday, 12:30 – 1:30pm
Advanced English with Megan .................................................................................. Wednesday, 1:30 – 2:30pm
Cultural Conversation Group w/ Alejandro & Megan** ............................................. Thursday, 11am – 12pm
Everyday English with Kadie** .................................................................................. Thursday, 1 – 2pm
Book Club with Kadie** .............................................................................................. Thursday, 2 – 3pm
American History with Adran** .................................................................................. Friday, 9:30 – 10:45am
Cooking Demo with Leslie, Megan and Alejandro** .................................................. Friday, 11am – 12:30pm
English in the Media & Situational English w/ Alejandro & Leslie.............................. Friday, 1 – 2pm
Pronunciation Skills with Leslie .................................................................................. Friday, 2 – 3pm
Survival English with Ron ............................................................................................ Saturday, 6 – 7:30pm
Intermediate English with Ron .................................................................................... Saturday, 7:30 – 9pm
Basic Spanish with Cynthia ........................................................................................ Sunday, 7:30 – 8pm

**Activities for children provided

Driving Presentation with Officer Queen

Are you interested in learning how to get your license in the state of Oklahoma? Are you in the process of studying for your license? We will have a night with OSU police officer Queen this coming March 7 from 6:30-8pm and he will talk about the process. You can ask him any questions you may have about driving in the U.S. and in Oklahoma.

Movie Night

Want to take a break from classes even for just a night? Join the BAEGSA for their movie night at the FRC’s Great Room on Wednesday, March 14 from 6:30-9pm.

New Family Group Exercise Class

The FRC is partnering with the OSU Colvin Center by providing a space for families to exercise and be healthy together. The group exercise class will be on Saturday, March 16 and March 30 at 2:30pm in the FRC Great Room.

Professional Development Workshop

Interested in learning how to fix your resume, write a cover letter, manage stress and be more organized? The FRC will conduct workshops with invited guests from OSU Career Services and the University Counseling Center on Tuesday, March 19, Wednesday, March 20 and then on Thursday, March 21. The workshop will be from 2-3pm on Tuesday, Wednesday and Thursday in the FRC Great Room.

Men’s Night

Join us this month for men’s night where we will be having a ping-pong competition, food, and refreshments. It will be in the FRC Great Room on March 28 from 7-8:30pm.