Family Resource Center Welcomes New Students

By Jackson Alexander, FRC Communications and Marketing Assistant

The Family Resource Center is excited to start another year at Oklahoma State University. Each member of the faculty and staff has worked to provide exciting new classes, events, and opportunities for the residents of OSU Family and Graduate Student Housing.

The Family Resource Center, originally founded in 1987 as a graduate student practicum, offers assistance to families and campus residents as they get settled on campus in the Stillwater area. Residents enjoy having a place where they can share their culture with others, and learn about customs and cultures from the United States and other countries as well.

“The FRC is a great place for all residents in FGSH—we have programs, activities, and resources for everyone, not just families,” said Sarah Wilkey, FGSH Assistant Director. “Our mission is to help residents adjust to academic life, and we provide services to help make life a little easier for OSU students. The FRC staff is ready to help, so please let us know what we can do to serve you better!”

Services that are offered at the FRC include adult programs, youth and family programs, academic programs, lending programs, English classes, referral services, and even a shopping shuttle. Just a few of the classes and activities include a book club, cultural experiences, athletic contests, cooking demonstrations, children’s programs and classes, and a wide variety of other exciting activities.

The FRC mission is to “provide information and resources to families, with a particular emphasis on families living in FGSH.” The FRC assists individuals, couples, and families in their adjustment to academic life and promote their success and personal fulfillment.

“I am excited to start the new year with the FRC and be involved with all of the community development activities and events that will be offered,” said Kadie Brown, a Community Development Assistant. She will be teaching Everyday English and hosting the Community Development Book Club.

The staff members of the FRC are here to assist you in any way possible - to answer questions, give advice, or just listen. Family Resource Center staff members are ready to tackle a new year, and make the residents of FGSH here at OSU feel comfortable, welcome, and most importantly, a part of the Cowboy family.
Greetings! I hope that your semester is off to a great start! The hustle and bustle of working toward your degree can be a rewarding yet challenging experience. I encourage you and your family to take advantage of the unique resources at your fingertips in FGSH. Did you know that OSU is one of only a few universities in the United States that has a Family Resource Center (FRC)? The mission of the FRC is to help create a “Family Friendly Environment” by providing information and resources to families, with particular emphasis on families living in FGSH. We assist individuals, couples, and families in their adjustment to academic life and promote our resident’s success and personal fulfillment. The FRC is not just for families, but for ALL residents in FGSH. I hope that you will take a moment to come to the FRC and check out the many programs and resources we have to offer:

- Programs for Children and Adults
- 24-hour Computer Lab
- Resource Referral
- Lending Programs
- Pool, Ping Pong, Foosball Tables
- Community Outreach

Sarah Wilkey
FRC & FGSH Assistant Director

Apartment Maintenance

The Facilities Management Office is the office that handles maintenance issues. If your apartment requires maintenance you should contact the FMO at 744-8510. The FMO is open 8am-5pm. In case of a maintenance emergency after 8pm or on weekends, contact the Physical Plant Action Desk at 744-7154.

Sarah Wilkey, FGSH & FRC Assistant Director, may be reached by phone at 405-744-6539 or by e-mail at sarah.wilkey@okstate.edu

Family and Graduate Student Housing Office
100 Iba
Stillwater, OK 74078
405-744-5353

Family Resource Center
719 N. Walnut
Stillwater, OK 74078
405-744-6539

Sarah Wilkey
FRC & FGSH Assistant Director

Family and Graduate Student Housing

Newsline Online
Interested in receiving your newsletter electronically? Send an email to sarah.wilkey@okstate.edu with your name and email address. You will still receive a paper version.

Keep up with the FRC on Facebook! Search “OSU Family Resource Center” and like our page. Make sure to check daily to find important FGSH information and for chances to win prizes!
Staff Spotlight

Each month, we will highlight staff members from the Family Resource Center.

Name: Austin O’Berry  
Hometown: Wright City, OK  
Education: Associate degree in Pre-Elementary Education from Carl Albert State College  
Role at the FRC: Children’s Programming Assistant and English Basics Community Development Instructor  
Favorite Food: Ketchup  
Favorite Activities: Fishing, photography, and painting  
Future Plans: Become an administrator in Oklahoma Public Schools  
Favorite movie: “Sweet Home Alabama”  
Favorite thing about the FRC: The staff and residents  
Interesting Fact: “I married my best friend this June.”  
Favorite Quote: “Do what you can, with what you have, where you are.” - Theodore Roosevelt

Name: Jed Gibson  
Hometown: Miami, Oklahoma  
Education: Political Science  
Role at the FRC: Stevens Apartment Assistant  
Favorite Food: “Anything my wife, Hannah, makes.”  
Favorite Activities: “Cooking with Hannah, reading, checking the mail, and watching old seasons of The West Wing.”  
Future Plans: “To attend law school and start a family.”  
Favorite book: The Kite Runner  
Favorite thing about the FRC: “I really enjoy meeting new people from different places and learning about their culture.”  
Interesting Fact: “I married my high school sweetheart.”  
Favorite Quote: “The best antidote I know for worry is work. The best cure for weariness is the challenge of helping someone who is even more tired. One of the great ironies of life is this: He or she who serves almost always benefits more than he or she who is served.” - Gordon B. Hinckley

If you enjoy learning more about current FGSH staff members, be on the lookout for more spotlights and interesting facts in the upcoming Newsline editions!
Apartment Assistant News

Neighborhood Gatherings

**BRUMLEY**
Saturday, September 8 • 5:30-7pm at the playground area
Pot luck dinner / Coffee, tea, cookies & drinks.

**PROSSER**
Saturday, September 15 • 5:30-7pm at the playground area
Asian games / Pizza and soft drinks.

**WILLIAMS**
Saturday, September 15 • 6:30-7:30pm at the playground area
Basketball / Cakes, fruits & drinks.

**MORRISON**
Sunday, September 16 • 5-7pm at the gazebo
Kite making / Meatball subs.

**STEVENS**
Friday, September 21 • 6-7:30pm at the playground area
Ladder ball / Pizza & soda.

**WEST**
Saturday, September 22 • 7-8:30pm at the playground area
OSU Q&A / Hamburgers & bananas.

**DEMAREE**
Sunday, September 23 • 5-6pm at the picnic tables
Get-to-know FGSH / Buffalo wings, veggies, dessert & drinks.

Please help us in welcoming the new Stevens Apartment Assistants to the FRC:

Jed and Hannah Gibson - Stevens A.A.

Please help us make them feel welcome to the FGSH community!
FGSH News

Apartment Maintenance

The Facilities Management Office (FMO) is the office that handles maintenance issues. If your apartment requires maintenance you should contact the FMO at 744-8510. The FMO is open 8am-8pm. In case of a maintenance emergency after 8pm or on weekends, contact the Physical Plant Action Desk at 744-7154.

The BUS--Campus and Community Transit

The BUS is the campus and community transit service operated by the Department of Parking and Transit Services at OSU. The BUS provides fixed-route transit services throughout Stillwater and the OSU campus. Two routes provide service on the main campus every 7 minutes from 6am to 7pm and every 15 minutes after 7pm. The BUS also provides public transportation in Stillwater to all citizens from 6:30am to 7pm Monday through Friday. The BUS fares are as follows:

- OSU Students, Faculty, and Staff ..............................................................Free with ID
- General Public ..........................................................................................75 cents ($0.75)
- Child Under 5 ............................................................................................Free when accompanied by paying passenger
- Child/Young Adult age 5-18; Seniors age 60+ ...........................................35 cents ($0.35)
- Persons with ADA Disability Card & Persons with Medicare Card ..........35 cents ($0.35)

Exact fare required; fares are for one-way trips. Return trips require additional payment.

For route information, visit www.transit.okstate.edu.

Shopping Shuttle (free for all FGSH residents)

Sign up for the shuttle at the Laundry Mart 30 minutes prior to the shuttle’s departure.

Monday & Wednesday Schedule

5:30pm (Pick Up @ Laundry) .................. To Sultan International & Crepe Myrtle Asian Food
6:30pm (Pick Up @ Laundry) ............................. To Walmart & Food Pyramid
7pm (Pick Up @ Brumley Office) .......................... To Walmart & Food Pyramid
7:10pm (Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
7:30pm (Pick Up @ Laundry) ............................. To Walmart & Food Pyramid
7:40pm (Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
8:10pm(Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
8:40pm (Final Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments

Saturday Schedule

9am (Pick Up @ Laundry) ............................. To Walmart & Food Pyramid
9:30am (Pick Up @ Brumley Office) ............................. To Walmart & Food Pyramid
9:40am (Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
10am (Pick Up @ Laundry) ............................. To Walmart & Food Pyramid
10:10am & 11am (Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
11:40am(Final Pick Up @ Walmart/Food Pyramid) .......................... Return to FGSH Apartments
Youth and Family Programs Schedule Fall 2012

<table>
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<tr>
<th>Activity</th>
<th>Time/Day</th>
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<tr>
<td>Family Story Hour (ages 0-4)</td>
<td>Friday, 10am-11am</td>
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<tr>
<td>Toddler Time (ages 2-3)</td>
<td>Tuesday &amp; Thursday, 9:30am-11:30am</td>
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<td>Kindergarten Kids Club (ages 4-5)</td>
<td>Monday-Friday, 4:00pm-6:00pm</td>
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<tr>
<td>After School Adventures (ages 6-11)</td>
<td>Monday-Friday, 4:00pm-6:00pm</td>
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<tr>
<td>Cowboys &amp; Cowgirls 4-H Club (ages 9-17)*</td>
<td>Wednesday, 4:30pm-6:00pm</td>
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<tr>
<td>Teen Club (ages 12-17)</td>
<td>Tuesday &amp; Thursday, 6:30pm-8:00pm</td>
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<td>Book Club (ages 9-12)</td>
<td>Monday, 6:30pm-7:30pm</td>
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<tr>
<td>Practical Parenting</td>
<td>Thursday, 6:30pm-7:30pm</td>
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<tr>
<td>Drawing and Painting Basics (ages 9-17)</td>
<td>Wednesday, 6:30pm-7:30pm</td>
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*At this time, the 4-H Club is accepting no new enrollees. Only those children enrolled in 4-H during the Spring 2012 semester are currently enrolled in the 4-H Club. If your child is interested in 4-H, please send Amie an e-mail and she will place your child’s name on the waiting list.

Family Dinner & Game Night
The Youth & Family Programs staff is hosting a Family Dinner & Game Night at the FRC from 7-8:30pm on Tuesday, September 11th. Enjoy a free home-cooked meal by the Youth & Family Staff and an evening of board games. Teen Club will be cancelled due to this event.

Sugar Art Show Trip to Tulsa State Fair
The FRC will be taking residents to see the Oklahoma State Sugar Arts Show at the Tulsa State Fair on Sunday, September 30 from 1-8pm in Tulsa. The Sugar Arts Show features the Grand National Wedding Cake Competition where sugar artists around the United States compete to win the prestigious competition. In addition to visiting the Sugar Arts Show, residents will have time to view other fair exhibits. The FRC is covering the transportation fee and half of the general admission fee. Residents will be required to bring $5 for adults and $3 for children ages 8-12 on the day of the trip. Only children 8 years old and older accompanied by a parent or guardian will be allowed to attend. Residents must bring their own snacks or money to purchase food at the concession stands. The sign-up sheet along with additional information will be available at the FRC Front Desk on Tuesday, September 4. Space is limited, so reserve your spot as soon as possible.

Will Rogers Elementary Parent Night
On Thursday, September 6 at 6:30pm, Will Rogers Elementary will be at the FRC to discuss school issues and answer any questions that parents may have. This will be a great opportunity to meet Principal Ukpaka, the ELL teachers, and the new Parent Teacher Association President. Childcare will be provided.

Youth & Family Programs Holiday & Cancellations for September 2012
There will be no Youth & Family Programs on Monday, September 3, 2012, in observance of the Labor Day Holiday. Regular programs will resume on Tuesday, September 4, 2012. There will be no Book Club on Monday, September 17 due to a FRC staff meeting, and Monday, September 24 due to the Facilities Community meeting.
Community Development Programs Schedule for Fall 2012

Reading Skills with Soha................................................................. Monday, 9:30 – 10:30am
Writing Skills with Soha**.............................................................. Monday, 10:30 – 11:30am
Arabic Language with Mona**...................................................... Monday, 11:45am – 12:45pm
Basic English with Austin**......................................................... Monday, 2 – 3pm
Intermediate English with Megan**............................................. Tuesday, 9:30 – 10:45am
Basic Spanish with Alejandro and Cinthya**............................ Tuesday, 11 – 12pm
Professional Development with Alejandro**............................. Tuesday, 1 – 2pm
Advanced English with Megan .................................................. Tuesday, 2 – 3pm
Sustainability Awareness with Bhavna........................................ Wednesday, 9:30 – 10:45am
Craft Class with Bhavna and Megan.......................................... Wednesday, 11am – 12pm
Health, Wellness & Nutrition with Megan & Leslie**.............. Wednesday, 1 – 2pm
Pronunciation Skills with Leslie**............................................... Wednesday, 2 – 3pm
English Conversation with Leslie................................................ Wednesday, 3 – 4pm
Listening & Speaking Skills with Maria**................................. Thursday, 9:30 – 10:45am
English Grammar with Maria.................................................... Thursday, 11am – 12pm
Everyday English with Kadie....................................................... Thursday, 1 – 2pm
Book Club with Kadie............................................................... Thursday, 2 – 3pm
Current Events with Adran**....................................................... Friday, 9:30 – 10:45am
Customs and Courtesies with Adran**......................................... Friday, 11am – 12pm
Cooking Demo with Morgan, Leslie, Megan, Alejandro & Adran** Friday, 12:30 – 2pm
English in the Media & Situational English with Alejandro & Leslie Friday, 2 – 3pm
Survival English with Ron Avants................................................ Saturday, 6 – 7:30pm
Intermediate English with Ron Avants ........................................ Saturday, 7:30 – 9pm

**Child care is provided

Recycled Crafts Competition

Combine your recycling and craft skills at our Recycled Crafts Competition on Wednesday, September 5th from 6-7:30pm at the FRC. Please e-mail bhavna.sharma@okstate.edu or Catherine at the FRC for more details about the competition and how to enter. Winning crafts will be the subject of a recycled craft class at the FRC. Join in the competition for a chance to win some of our awesome prizes!

Movie Night

Want to take a break from classes even for just a night? Join the BAEGSA for their movie night at the FRC Great Room on Wednesday, September 19th from 6:30-9pm.

Sugar Art Show Trip to Tulsa State Fair

The FRC will be taking residents to see the Oklahoma State Sugar Arts Show at the Tulsa State Fair on Sunday, September 30 from 1-8pm in Tulsa. The Sugar Arts Show features the Grand National Wedding Cake Competition where sugar artists around the United States compete to win the prestigious competition. In addition to visiting the Sugar Arts Show, residents will have time to view other fair exhibits. The FRC is covering the transportation fee and half of the general admission fee. Residents will be required to bring $5 for adults and $3 for children ages 8-12 on the day of the trip. Only children 8 years old and older accompanied by a parent or guardian will be allowed to attend. Residents must bring their own snacks or money to purchase food at the concession stands. The sign-up sheet along with additional information will be available at the FRC Front Desk on Tuesday, September 4. Space is limited, so reserve your spot as soon as possible.
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<th>Sunday</th>
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<td>Classes Cancelled</td>
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<td>5</td>
<td>9:30am Sustainability</td>
<td>11am Craft Class</td>
<td>1pm Health &amp; Wellness</td>
<td>2pm Pronoun. Skills</td>
<td>3pm Eng. Conversation</td>
<td>4pm KKC, ASA</td>
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<td>6</td>
<td>9:30am TT, Listening</td>
<td>11am English Grammar</td>
<td>1pm Everyday English</td>
<td>2pm PP, Book Club</td>
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<td>7</td>
<td>9:30am Current Events</td>
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<td>11am Customs</td>
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<td>8</td>
<td>6pm Survival English</td>
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<td>5:30pm Brumley</td>
<td>6:30pm Movie Night</td>
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<td>23 &amp; 30</td>
<td>1pm Sugar Arts Show (Sept. 30)</td>
<td>5pm Demarco (Sept. 23)</td>
<td>6:30pm Movie Night</td>
<td>6pm Stevens</td>
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<td>24</td>
<td>9:30am Reading Skills</td>
<td>10:30am Writing Skills</td>
<td>11:30am Arabic Lang.</td>
<td>2pm Basic English</td>
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<td>25</td>
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<td>11am Basic Spanish</td>
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<td>6pm Survival English</td>
<td>7:30pm Inter. English</td>
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FSH - Family Story Hour  
KKC - Kindergarten Kids Club  
TT - Toddler Time  
ASA - After School Adventure  
SS - Shopping Shuttle  
TC - Teen Club  
DP - Drawing and Painting  
PP - Practical Parenting  
BC - Book Club